

familylife



Autumn 2013

Autumn activities
for toddlers to
teens in Oldham

The Big Bang!

Ghostly goings on

Doctor Who Spectacular

Autumn and Winter planner

Win £100 with Oldham Credit Union

Welcome...

Welcome to the autumn edition of Family Life magazine. It's packed full of autumnal events to keep the kids entertained during the half-term holidays and beyond!

From ghostly goings on to a famous time traveller's visit, the return of The Big Bang! bonfire and the Christmas Lights Switch -on, there's something for all the family.

We've also included a taster of all the fantastic festive events as well as a pull out calendar to help you make the most of this colourful season!

Trick or treat: 5 Tips to stay safe this Halloween

- Go out with an adult – make sure children are accompanied and in a group
- Dress to be seen – wear light, reflective clothes or carry a lamp or torch
- Take care crossing roads – more accidents happen to children in the dark
- Stay on the doorstep – never go into other people's houses
- Don't play pranks – damage property and you could be arrested!

Visit www.safe4autumn.com for more ways to stay safe this Halloween.

GHOSTLY



Halloween activities

Spooky Saturday

Saturday 26 October 11am–3pm

Celebrate in style this Halloween at Tommyfield Market's Spooky Saturday!

There will be special appearances from famous professors from the School of Witchcraft and Wizardry. There will also be freaky face painting, brilliant balloon modelling, and puppet mastery for everyone to enjoy.

Treat yourself to frightfully good food from the wide selection of great stalls on the market.

This event is for all ages and fancy dress is welcomed. All activities are free and there's no need to book so come on down and experience a horrifying Halloween!

**Oldham and Saddleworth
Halloween Kids Ghost Walk
Wednesday 30 and Thursday 31
October, 5.30–7pm**



Dare you join the Hard Graft Theatre company as they take you on a spine-tingling stroll around the streets of Oldham or Uppermill searching for spooky sights and sounds? Don't forget your Halloween costumes!

The spooky strolls are suitable for ages 6 years and over. All children under 16 must be accompanied by an adult.

Meet outside Oldham Coliseum Theatre, Fairbottom Street, Oldham.

Meet outside Uppermill Civic Hall, Lee Street, Uppermill.

Tickets are £5.50 adults, £4 concs with family tickets also available. www.ghostwalk.hardgraft.co.uk or call 07956 913666 for bookings.

**Youth Zone Halloween Party
Wednesday 30 October
6.30–9.30pm**

Spooky fun and games for all in Saddleworth.

£3 - Satellite Youth Zone, Wellington Road, Greenfield. T: 0161 770 5260

**OCL Spooky Halloween Party
Thursday 31 October 2–3.30pm**

Put on your best Halloween outfits and join OCL's Monster Disco. Enjoy a bouncy castle, competitions and much more. Prizes to be won for the Best Fancy Dress. One Child £3.00. Two Children £4.00. Parents FREE.

Suitable for children up to 10 years old, parents must stay with children at all times. Please book in advance on 0161 207 7000

Halloween health and wellbeing event

Thursday 31 October 1–3pm

Fun in the park with a spooky treasure hunt, stories and pumpkin bowling. Free event. T: 0161 770 1536.

Chadderton Hall Park, Burnley Lane, Chadderton.

GOINGS ON

Monster movies

Four fiendish films for creepy kids and terrifying teenagers this Halloween...

Hotel Transylvania (PG)

Saturday 26 October

Comic film chills with Dracula in his lavish five-stake resort.

2pm, £3 – free goodie bag for kids.

Gallery Oldham,
Greaves Street, Oldham
www.thesmallcinema.com

Monsters University (U)

Saturday 26 October

Frightful fun as Mike and Sulley study the art of scaring. 2.30pm. £4

Shaw Playhouse 2,
Newtown Street, Shaw
www.playhouse2.org

Zombie Movie Night (15)

Saturday 26 October

A devilish double-bill with They Are Here and Zombieland. 5pm. £3

Over 15s only
Gallery Oldham,
Greaves Street, Oldham
www.peshkar.co.uk

Hocus Pocus (PG)

Thursday 31 October

Come in fancy dress for the launch of a new community cinema. 6pm. £2.50

Greenacres Little Picture House,
Galland Street, Oldham.
www.greenacrescommunitycentre.co.uk

Visit www.gooldham.com for lots more Halloween and half-term activities for all ages.

Freaky fun at Gallery Oldham

Get creative with creepy half-term crafts and face painting for children aged 4–10 years.

Monday 28 October

**Monster Masks and
Bats On Sticks**

Tuesday 29 October

**Ghost Puppets and Mini
Pumpkins**

Wednesday 30 October

**Bottle Lanterns and
Halloween Silhouettes**

Sessions are free, run from 1–4pm there's no need to book in advance.

Gallery Oldham,
Greaves Street, Oldham
www.galleryoldham.org.uk

Mayhem at MAHDLO.OLDHAM

There's plenty of spooktastic fun at Mahdlo over half-term. The holiday zone runs from Monday 28 October to Friday 1 November with ghostly games and fancy dress parties. Plus sports, art, climbing, cooking and much more. Call 0161 624 0111 for more details.

Mahdlo, Egerton Street, Oldham
www.mahdloyz.org



Travel in Time with Oldham Town Centre...

Oldham town centre is celebrating the 50th anniversary of the Doctor Who television programme with a series of free exciting events.

The Doctor Who spectacular lands on Saturday 26 October and stays until 2 November, starting with the Town Centre Time Lord Trail and the Tommyfield Market Exhibition.

Follow The Time Lord Trail for your chance to win a DVD of the Doctor Who television show, in our prize draw competition!

11 cut out characters of different Doctors will be invading a selection of businesses across the town centre. To enter the prize-draw all you need to do is send a photograph of yourself with one of the characters on the Trail to **Photos@oldham.gov.uk** or submit them through Twitter, Facebook and Instagram by leaving your name and using the Hashtag **#LoveOldham** with the phrase **'I'm an Oldham Town Centre Time Traveller'**.

The lucky winner will be announced on Saturday 2 November at 3pm so take part and become a Time Lord Champion!

Tommyfield Market is holding a week-long exhibition dedicated to all things Doctor. Come along and see a variety of Doctor Who items including his famous Tardis, Daleks, K9, Consul and Cybermen. There will also be intergalactic baddies mixing with shoppers for Dalek Day on Saturday 2 November from 11am- 3pm- so keep your shopping close!

T: 0161 770 4516.
www.visitoldham.com

Characters include:

- A TARDIS
- Daleks
- Consul
- K-9
- Cybermen
- Ood
- Judoon Soldiers

Doctor Who Comedian

You can also get your hands on a deal that's out of this world! The Doctor Who comedian Toby Hadoke is performing at the Oldham Coliseum on January 16 and you can get 2 for 1 tickets until 23 November.

To take advantage of this offer ring the Box Office on **0161 624 2829** or click the 50th offer on the Coliseum's website www.coliseum.org.uk/plays/toby-hadoke

Free parking is available for 3 hours in council car parks and 30 minutes in on-street bays over this weekend.

The Small Cinema

Episodes of Doctor Who will also be screened by Oldham Small Cinema on the hour every hour! Saturday 2 November 11am-3pm, at Tommyfield Market.

We invite everyone to come in their own monsters and Doctor Who outfits – if you're brave enough!

Get to the Gallery

Gallery Oldham has lots of family friendly exhibitions running throughout half term. There are also lots of holiday activities for both the half term and Christmas holidays.

Spindleopolis

Open until 30 November

Travel back in time one hundred years and experience Oldham as a booming cotton town. In 1913 Oldham boasted more cotton spindles than any other town in the world!

The exhibition uses the cartoons and stories of Oldhamer, Sam Fitton to tell the story of this important period of Oldham's history. There are also photographs, contemporary paintings and objects to bring the lives of these ordinary Oldhamers back to life.



The Oldham Open

Home-grown talent is on display from people who live, study or work in the borough of Oldham. The exhibition which is held every two years is a celebration of creativity. From drawing and painting and photography to ceramics, jewellery and sculpture, the exhibition features a wide range of artists. You can also buy a range of artwork as well as take part in the vote for the People's Prize.

Holiday fun

28-30 October, from 1-4pm

Your child can enjoy a range of activities which are linked to our exhibitions

Free – no need to book, just drop in.

Super Saturdays



Creative fun from 12noon-4pm on the first Saturday of every month. Join us for craft activities, painting, drawing and creative fun for all the family.

November 2

Take part in activities linked to our Spindleopolis! exhibition.

December 7

Join our Seasonal Spectacular!

Activities are most suitable for children aged 4-10 years. Children must be accompanied by an adult at all sessions.



The Small Cinema

Every month Gallery Oldham hosts a classic family movie on the pop-up screen. There are also fun film-related arts activities and badge making before each showing.

Saturday 26 October: Hotel Transylvania (PG)

Saturday 16 November: Epic (U)

Saturday 7 December: The Muppet Christmas Carol (U)

All films start at 2pm. Tickets cost £3 and include a free goodie bag with popcorn and a drink for kids. You could also win a copy of the film on DVD!

www.thesmallcinema.com

The Big Bang!

Free

Oldham Edge, Tuesday November 5

Oldham's hugely-popular Civic Bonfire event is moving to a spectacular new venue.

After returning in style in 2012, this year's event – dubbed The Big Bang! – is taking place at a new site on Tuesday, November 5.

Oldham Edge, with its sprawling grass parkland close to the town centre, has been chosen to play host to an evening of free family fun.

Boasting panoramic views across Manchester and beyond it means the fireworks display could be seen by residents from miles around.

First Choice Homes Oldham (FCHO), which has many tenants neighbouring the site and the surrounding areas as part of its 12,000-home stock, is sponsoring the event.

Last year's event – the first time it had been held in over a decade – drew around 14,000 spectators to Boundary Park and was deemed a huge success, but a new venue was needed due to redevelopment work at Oldham Athletic.

The Big Bang! will again feature a range of family-oriented attractions.

There will be another stunning professional display from Fantastic Fireworks as the centrepiece of the night with a sparkling mix of traditional favourites and a real 'wow' factor.

There will also be a small bonfire, street entertainers, family games and activities, plus food stalls selling traditional autumn grub. No alcohol will be on sale on the site.

Plans are again being shared with Greater Manchester Fire and Rescue Service and Greater Manchester Police to help maximise public safety on Bonfire Night.

To help cater for parking demand, Oldham Council is also offering the use of all its town centre car parks free of charge on the day from 3pm onwards.

- **Gates open 5pm**
- **Entertainment starts 6pm**
- **Firework display 7pm**



Bonfire Night: 5 Tips to stay safe

The best way to stay safe on Bonfire Night is to attend a professionally organised event.

But if you still want to use your own fireworks then follow these top tips...

- **Children – Always supervise children around fireworks**
- **Fireworks – Buy fireworks from a reputable retailer and keep them in a sealed tin**
- **Sparklers – Wear gloves and never give them to a child under 5 years old**
- **Bonfires – Keep bonfires well away from houses, trees, fences and overhead cables**
- **Water – Have a bucket of water nearby if setting fireworks off in your garden**

Stay safe and have fun
this autumn visit

safe4autumn.com





Oldham Autumn

Saturday 26 October Spooky Saturday

With special appearance from a famous professor, freaky face painting and balloon modelling. Tommyfield Market, Albion Street, Oldham. 11am–3pm. Free

Hotel Transylvania (PG)



Comic film chills for Halloween with Dracula in his lavish five-stake resort. £3-free goodie bag for kids. 2pm. Gallery Oldham

www.thesmallcinema.com

Monday 28 to Wednesday 30 October Holiday fun

Free family craft activities and face painting for 4–10 year olds.

1–4pm. Gallery Oldham

www.galleryoldham.org.uk

Wednesday 30 October Free Family Fun at The Arc

Circus skills, arts and crafts, messy play and more. Under 8's must be accompanied. 1–4pm

ARC Community Centre, Abbey Hills Road, Oldham

www.fullcirclenwcic.co.uk

Wednesday 30 and Thursday 31 October Halloween Ghost Walks

Spooky strolls in Oldham and Saddleworth with Hardgraft Theatre Company.

Suitable for 6 years and older. 5.30–7pm

Meet outside Oldham Coliseum Theatre or Uppermill Civic Hall.

www.ghostwalk.hardgraft.co.uk

Thursday 31 October Halloween Health and Wellbeing Event

Join in the spooky treasure hunt, stories and pumpkin bowling. Free. 1–3pm

Chadderton Hall Park, Burnley Lane, Chadderton

T: 0161 770 1536

Saturday 2 November Peppa Pig



Come and meet everyone's favourite pig. Peppa is appearing at regular intervals throughout the day. 11.00am, 12.30pm, 2.00pm, 3.00pm, 4.00pm

Spindles Town Square Shopping Centre

www.spindlestownsquareshoppingcentre.com

Saturday 2 November Dr Who Day

To mark the 50th anniversary of Doctor Who we are hosting a Dalek Day in the Town Centre.

11am–3pm Tommyfield Market Hall.

Saturday 2 November Super Saturday at Gallery Oldham

Free craft activities, painting, drawing and creative fun for 4–10 year olds.

12noon–4pm

Gallery Oldham.

www.galleryoldham.org.uk

Monday 4 November The Nutcracker

One of the greatest classical ballets of all time.

7.30pm £16–£20

Oldham Coliseum Theatre, Fairbottom Street, Oldham.

www.coliseum.org.uk

Tuesday 5 November The Complete Works of Shakespeare

A fast paced ride through all the Bard's plays.

7.30pm £16–£20

Oldham Coliseum Theatre, Fairbottom Street, Oldham.

www.coliseum.org.uk

Tuesday 5 November The Big Bang!



After returning in style in 2012, this year's event is taking place at a new site on Oldham Edge.

The Big Bang! will again feature a range of family-oriented attractions.

Gates open at 5pm

Entertainment starts 6pm

Firework display 7pm

Saturday 9 November Reindeer Parade



Catch the first glimpse of Santa as he arrives in the Town Centre with his real reindeers. 12.45–3pm

www.visitoldham.com

Sunday 10 November Winter Craft and Gift Festival

Stalls and crafts with Saddleworth Creative Network. Free.

10am–4pm. Civic Hall, Uppermill.

www.creativenetwork-saddleworth.co.uk

Saturday 16 November Epic (U)

A beautiful fantasy adventure set in a forest. £3-free goodie bag for kids. 2pm. Gallery Oldham.

www.thesmallcinema.com

Saturday 16 November to Saturday 4 January Jack and the Beanstalk

The traditional family panto returns to the Coliseum.

Oldham Coliseum Theatre, Fairbottom Street, Oldham.

www.coliseum.org.uk

and Winter planner

Sunday 17 November Oldham's Christmas Lights Switch-on



Join Bob the Builder and the Can-do Crew as they switch on Oldham's Christmas lights. 4.45pm onwards.

Oldham Town Centre

www.visitoldham.com

Sunday 17 November Autumn Walk



A stroll around the park for all ages, plus children's activities.

Free event. 1–3pm.

Chadderton Hall Park, Burnley Lane, Chadderton

E: mail@oakapple-environmental.co.uk

Saturday 7 December Reindeer Night

Come and meet Santa's reindeer, with brass band music and birds of prey. Free. Daisy Nook Garden Centre, Stannybrook Road, Failsworth.

6–9.30pm.

www.daisynook.com

Saturday 7 December The Muppet Christmas Carol (U)



Kermit and company's hilarious version of the classic tale. £3-free goodie bag for kids. 2pm. Gallery Oldham.

www.thesmallcinema.com

Saturday 7 December Super Saturday at Gallery Oldham



A seasonal spectacular: free craft activities, painting, drawing and creative fun for 4–10 year olds.

12noon–4pm.

Gallery Oldham.

www.galleryoldham.org.uk

Saturday 7 December Brass Monkeys

Throughout the day, the town centre will be filled with the sound of brass bands; spend a day Christmas shopping while listening to all your favourite Christmas Carols.

11am–4pm

Oldham Town Centre

www.visitoldham.com

Sunday 8 December Christmas Craft and Gift Festival

Festive crafts with Saddleworth Creative Network. Free.

10am–4pm.

Civic Hall, Uppermill.

www.creativenetwork-saddleworth.co.uk

Wednesday 11 to Saturday 21 December The Locked Box

A new family adventure from Oldham Theatre Workshop filled with magic and mysticism. £6

7.30pm - performances Wednesday to Saturday

The Old Museum, Greaves Street, Oldham

www.oldhamtheatreworkshop.co.uk

Thursday 12 to Saturday 21 December Babushka



A new Christmas show from Oldham Children's Theatre. £5.50–£9.

Various times.

Oldham Library and Uppermill Civic Hall

www.oldhamchildrenstheatre.co.uk

Saturday 14 and Sunday 15 December Winter Wonderland Weekend



Bounce inside a giant 50ft inflatable Snowman. You will also meet some very 'cool' characters who will be making special appearances during the weekend.

10am–5pm
Oldham Town Centre

www.visitoldham.com

Saturday 21 and Sunday 22 December Victorian Christmas Weekend



Step back in time and enjoy Christmas the Victorian way! Ride on the big carousel, play traditional games and meet Dickensian characters.

10am–5pm
Oldham Town Centre

www.visitoldham.com

Libraries

There's lots going on at your local library

Half term events

'My Friend Nigel' drama workshops with Oldham Coliseum

My Friend Nigel is a hilarious tale about the magic of friendship and will be performed by the Coliseum's acclaimed Young Rep Company.

Oldham Library - Monday 28 October 2pm-3pm

Royton Library - Tuesday 29 October 2pm-3pm

Limehurst Library - Wednesday 30 October 2pm-3pm

Favourite Festivals

Diwali

Join us for a fun session to celebrate Diwali. We will be exploring the Festival of Light through stories and craft.

Failsworth Library - Monday 28 October 2.30pm-4pm

Lees Library - Tuesday 29 October 2.30pm-4pm

Uppermill Library - Tuesday 29 October 10am-11.30am

Crompton Library - Wednesday 30 October 2.30pm-4pm

Oldham Library - Wednesday 30 October 10am-11.30am

Chadderton Library - Friday 1 November 2.30pm-4pm

Christmas Activities

Babushka – The Oldham Pantomime By Mark Whiteley

Join Babushka as she follows the Three Kings across deserts, mountains and rivers to give a little baby a Christmas gift.

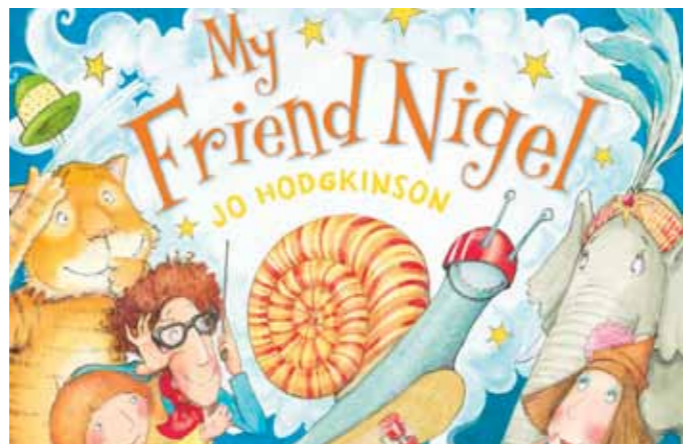
Oldham Library and Lifelong Learning Centre 12-24 December (no shows on 16 and 20 December)

Tickets from £5.50 (which includes a visit to Father Christmas and a gift for each child)
Box office 0161 652 6026 or book free online www.hardgraft.co.uk

Babies and toddlers



Your local library offers a wide range of baby and toddler activities. These include Baby Yoga, Baby Days, Bounce and Rhyme and Baby Massage.



Signalong – An introduction to Baby Signing (0 – 18 months)

Oldham Library - 10am-11am on Thursday 14 November

Using Signalong, this session marries well known rhymes to sign language and is designed as a taster to the benefits of signing with babies and young children. It is aimed at babies and young children up to age 18 months and their parents and carers.

Rockaby Roadshow (0 – 6 months) Oldham Library

Wednesday 20 November. 2 sessions 10am-11am and 1.30pm-2.30pm

These hour-long sessions of soothing music for young babies up to 6 months are performed by three live musicians. Multisensory lights and aromas create the right mood to help you and your baby relax.

Booking is essential as places are limited. Please contact 0161 770 8013 to confirm your free place on this event.

Stories and Rhymes (0 – 4 years)

Sessions include stories and music to develop language

and communication and promote a love of books in babies and young children.

These free sessions are held weekly and there is no need to book – just come along and have fun!

Other services

Homework Help Power Hours

All our libraries offer Power Hours after school where children and young people can get help with their homework, access to free printing and books and are able to use online resources at all our libraries.

School admissions support

Oldham Library - Thursday mornings, 9.30-12.30

The Schools Admissions Team will be on hand to help with online submissions every Thursday morning until 9th January.

Free Budgeting Advice

Oldham Library - Every Monday and Friday morning 9.30am-12.30pm

Oldham Citizens Advice Bureau are providing sessions on budgeting and planning for your financial future. Drop in.

www.oldham.gov.uk/libraries

Award-winning school meals for your child

School dinners have come a long way since the days of one choice menus; We all remember soggy cabbage and lumpy custard.

Our award-winning Education Catering Service offers a selection of high quality homemade meals such as spaghetti bolognese, roast chicken or cheese and bean pie, served with a choice of potatoes and seasonal vegetables. For pudding your child can choose from spicy sultana slice, steamed chocolate pudding with chocolate sauce, or a selection of fruit and yoghurt.

We offer a wide choice of menus and cater for all cultural and dietary requirements.

For just £2 per day for two courses, your child can have a freshly prepared, varied, delicious and nutritious school meal, saving you time spent preparing a packed lunch each morning.



To sign up your child to school meals contact the school directly or for more information visit www.oldham.gov.uk/meals

Free school meals

Is your child eligible for free school meals?

You could save £350 per school year if:

1 You are receiving any of the following benefits:

- Income Support (IS)
- Income-based Jobseekers Allowance (IBJSA)
- An income-related employment and support allowance
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit (provided you are not entitled to Working Tax Credit) and have an annual income (as assessed by Her Majesty's Revenue and Customs) that does not exceed the current year's level

- The Guarantee element of State Pension Credit
- Working Tax Credit during the four-week period immediately after your employment finished, or after you start to work less than 16 hours per week

2 You and your child live in the Oldham borough and your child will attend a school maintained by a local education authority.

For more information go online: www.oldham.gov.uk/meals or call 0161 770 6688

Be bright morning and night

Stay safe in Winter



Child pedestrian road accidents are most likely to happen in mornings and afternoons on Winter week days. When the clocks go back, the nights draw in and the winter weather arrives, road conditions and visibility can be at their worst

As a pedestrian or cyclist you may see the driver but they might not see you. Even during daylight, because the sun is low in winter, drivers might not be able to see you.

So as the nights draw in and the mornings get darker, we want to remind parents and children to be safe and be seen by following these simple tips.

- **Make sure you're visible to other road users and pedestrians**
- **Keep away from the kerb**
- **Wear bright or fluorescent clothing in daylight or poor light**
- **Wear reflective clothing at night; it shows up in car headlights. Fluorescent clothing is not so visible after dark**
- **Always use your lights when cycling after dark, in the rain or if the weather is overcast**

Half Term★Sport★

Get active this half-term with a packed programme of sports sessions. Oldham Community Leisure works in partnership with Oldham Council to provide a range of courses for all ages and abilities.

Monday 28 October – Sunday 3 November 2013

Multi-Sports Days

Come and join us for one day or for the FULL week. A wide range of sports and activities are available throughout the week. Includes Football, Netball, Handball, Athletics, Badminton, and many more including **Fancy Dress Thursday for Halloween.**

Monday to Friday

10am–3pm

(Ages 7-16 years)

Standard £10.00 per day

Oldham Active £8.00 per day

Oldham Active Concession £8.00 per day

The Radclyffe Athletics Centre, Hunt Lane, Chadderton, Oldham, OL9 0LS



Intensive Learn to Swim

Join our week long courses which are 30 minute sessions, to gain confidence and improve swimming ability.

Monday to Friday

9.30am, 10am, 10.30am.

Oldham Active £23.75

Oldham Active Concessions £15.00

If your child is currently on the OCL Swim Scheme and you pay by direct debit - Intensive Learn to Swim Courses are £11.88

Chadderton Wellbeing Centre, Burnley Street, Oldham, OL9 0JW

Swim for £1.00

Everyone can swim for £1.00 throughout the holidays at selected times across all sites. Offer is available for children and adults.

Children under 8 years old must be with an adult at all times.

SPLASH Sessions and Family SPLASH sessions available across all pools visit www.ocll.co.uk or call OCL on 0161 207 7000

Parent and Baby Swim Sessions

All new Mums and Dads or Grandparents why not join us in our Parent and Baby swim sessions.

Sessions run across all our sites for more information contact OCL on 0161 207 7000

Standard £4.70

Oldham Active £1.00

Oldham Active Concession £1.00

Intensive Learn to Dive

Join our week long courses which are 30 minute sessions, to gain confidence & improve diving ability.

Monday to Friday

9.30am, 10am or 10.30am

Oldham Active £23.75

Oldham Active Concession £15.00

*If your child is currently on the OCL Swim Scheme and you pay by direct debit - Intensive Learn to Dive Courses are £11.88

Oldham Sports Centre, Lord Street, Oldham, OL1 3HA



Come and Try Trampolining

Tuesday and Thursday

2pm–3pm (Ages 5-7 years)

3pm–4pm (Ages 8-16 years)

Oldham Sports Centre, Lord Street, Oldham, OL1 3HA

Friday

1pm–2pm (Ages 5-7 years)

2pm–3pm (Ages 8-16 years)

Failsworth Sports Centre, Brierley Avenue, Oldham, M35 9HA

Standard £5.95

Oldham Active £4.75

Oldham Active Concession £3.00

Badminton

Half Price all week at Oldham Sports Centre and Failsworth Sports Centre

Striker 9 Junior Football

All welcome, come and join in a friendly game of Football.

Sunday Football Match Practice 10.30am–12.30pm

(Ages 5-12 years). £1.00 per child

Oldham Sports Centre, Lord Street, Oldham, OL1 3HA



Teen Gym (13-15 year olds)

Oldham Sports Centre, Chadderton Wellbeing Centre and Saddleworth Pool and Leisure Centre

Monday to Friday 11am–12noon and 4pm–5pm

Weekends 11am–12noon

Glodwick Glogym

Wednesday 3.45pm–4.45pm

Saturday 10am–11am

Crompton Glogym

Monday and Wednesday

4pm–6pm

Royton Glogym

Tuesday and Thursday

3.30pm–4.30pm

NEW Kickin Fit Teen Gym (13-16 year olds)

Monday to Thursday

11am–8pm

Weekend 9.30am–3.30pm

Failsworth Sports Centre

Climbing

Monday 4pm–5pm

Friday 4pm–6pm

Children

Standard £3.30

Oldham Active £2.65

Oldham Active Concession £1.65

Adult

Standard £4.60

Oldham Active £3.70

Oldham Active Concession £2.30

Oldham Sports Centre, Lord Street, Oldham, OL1 3HA

Family Tumble Fun (Under 5's)

Soft play sessions for under 5's, bouncy castle, arts & crafts, toys and games plus sing along - We also have baby play pens for the much younger children. Parents must stay with children at all times.

Monday and Friday

9.30am–11.30am

£2.80 per child

Oldham Sports Centre, Lord Street, Oldham, OL1 3HA

Changing and feeding facilities available at Oldham Sports Centre



These are just some of the many sports sessions happening across the borough. Visit www.ocllactive.co.uk



Free Early Education for your child

Free early education entitlement

Children deserve the best start in life and early education allows them to develop through exploration, play and social interaction while giving them the knowledge they need to start school.

Early education for your child can also give you the opportunity to spend more time with older children in your family, allows you to return to work, volunteer, study for a qualification or hobby or just have some 'you' time.

Is your child accessing his/her 15 hours a week free early education?

2 year old early education

From September 2013, your two year old child could be eligible for 15 hours of free early education at any Ofsted registered childcare provider that is eligible to receive funding.

Your child will be eligible if you receive:

- income support
- income-based Jobseeker's Allowance (JSA)
- income-related Employment and Support Allowance (ESA)
- support through part 6 of the Immigration and Asylum Act
- the guaranteed element of State Pension Credit
- Child Tax Credit (but not Working Tax Credit) and have an annual income not over £16,190
- The Working Tax Credit 4-week run on (the payment you get when you stop qualifying for Working Tax Credit)

2 year olds who are looked after by the local authority are also eligible for 15 hours of free early education.

To check if you are eligible and to claim your child's free education entitlement, please contact your local children's centre, or visit www.oldham.gov.uk/childrens_centres. You may be asked for proof of eligibility.

3-4 year old early education

All 3 and 4 year old children can receive 15 hours of free early education at any Ofsted registered provider that is eligible to receive funding. The free entitlement offers universal free early education from the term following your child's third birthday until they reach compulsory school age.

This entitlement is for every child, no matter what their background or family circumstance.

To claim your child's free early education entitlement, please contact your local children's centre: www.oldham.gov.uk/childrens_centres

High quality daycare

We have three daycare centres for 2-5 year old children these are – Beaver Daycare (based at Beaver Children's Centre), First Steps @ Richmond (based at Coldhurst Children's Centre) Spring Meadows Daycare (based at Spring Meadow's Children's Centre). These were all inspected by Ofsted in 2012/13 and received excellent reports, Spring Meadows achieving 'outstanding' and Beaver and First Steps @ Richmond achieving 'good'.

You can claim your 2, 3 and 4 year old free early education entitlement at

any of these daycare centres. We also accept Childcare Vouchers.

There are various sessions to suit your commitments delivered in a secure and safe environment by highly qualified staff who are supported by a qualified teacher. Opening times vary across the centres

Your child will enjoy:

- Sessions planned around your child's interests and educational needs
- Healthy snacks
- Large outdoor area with adventure playground and games to develop independence
- Indoor resources provide excellent play opportunities
- One to one attention

For more information please contact the Daycare Manager

Spring Meadows and Beaver Daycare
T: 0161 770 8809

First Steps @ Richmond Daycare
T: 0161 770 8435
www.oldham.gov.uk/childrens_daycare



Be brave and beat the bullies



Bullying is a big concern for many parents and carers. Knowing or suspecting that your child is being bullied, or being a bully themselves, can be very upsetting. But there are things you can do to help tackle the problem.

If your child tells you that they're being bullied, the first thing to do is listen. The NSPCC advises parents to let children tell their story in their own words, reassure them and keep a diary of bullying incidents.

How do I know if my child is being bullied?

It is crucial to be alert to the possibility of bullying and there are signs to look out for.

These include...

- Coming home with damaged clothing or with scratches and bruises
- Not attending school or using a different route home
- Having trouble with homework for no obvious reason
- Feeling irritable or being easily upset and emotional

Talk to your school about bullying

It's essential for you or your child, or both together, to talk to the school. Discuss with your child who to approach first as there may be a particular teacher they feel more at ease with.

Today all our schools are required to have an Anti-Bullying Policy and it is important that parents and schools work together to take action.

If bullying is happening outside school, consider contacting the family of the child who is bullying and try to find a



way to work together to sort it out.

Online bullying (Cyber bullying)

Online bullying (cyber bullying) is when a person or a group of people uses the internet, email, online games or any other kind of digital technology to threaten, tease, upset or humiliate someone else. Online bullying can feel like there's no escape as it can happen 24 hours a day, seven days a week.

Remember to keep a copy of any abusive texts, emails, comments or messages that your child receives and record the date and time they were sent. With online bullying there is always a trail and keeping records can be very useful when it comes to reporting the bullying.

Make sure your child does not reply to any messages they receive. It will only encourage the bullies and end up causing your child more upset.

What if I think my child is a bully?

Bullies who continually harm other children need support and help as well. They may have experienced difficulties of their own which may have led to their actions. Reporting your concerns may help them to get help as well.

More advice and support

You don't have to find the answers on your own. A wide range of organisations provide support and information to parents. To find out more about overcoming bullying please visit www.nhs.co.uk or www.anti-bullyingalliance.org.uk or www.beatbullying.org

Flu...

Protecting your family

As the nights draw in and winter approaches, it is time to consider flu and what catching it could mean to your family.

Flu is highly infectious with symptoms that come on very quickly. It can be a very unpleasant illness causing fever, stuffy nose, dry cough, sore throat, aching muscles and joints, and extreme tiredness, often lasting for several days. Some people can also get a very high fever, sometimes without the usual flu symptoms, and may need to go to hospital for treatment. Complications of flu can include bronchitis, pneumonia, a painful ear infection and in extreme cases even death.

The best way to protect your family is by having the vaccination before the flu season starts.

People who are at increased risk from flu are entitled to a free vaccination each year.

Pregnant women, people aged 65 and over and those with some existing conditions, such as heart problems and kidney disease fall into those categories.

This year, all children who were aged two and three on 1 September 2013 can have free flu vaccine given as a nasal spray up each nostril. An annual flu vaccine for children is available on the NHS for all two and three year olds.

Your GP will contact you to let you know how to book an appointment for your child.

For further information please contact your GP, practice nurse or your health visitor or visit www.nhs.uk/child-flu

Oldham Credit Union: win £100 to help with your Christmas shopping

Oldham Credit Union is offering residents the chance to win £100 - in time for the festive season.

To be in with a chance of winning all you have to do is open an OCU Jam Jar account and arrange to pay your monthly council tax bill through it.

When you sign up your details will be entered into a prize draw with the winner being announced on December 2.

Current Oldham Credit Union members who already pay their monthly council tax bill through their Jam Jar account will also be entered into the hat.

You can sign up by visiting OCU's Town Centre office at 9 Albion Street, OL1 3BG, by logging onto www.oldhamcreditunion.co.uk or calling **0161 678 7245**.

The Jam Jar is a new account which gives you a hassle free way to pay your bills.

The account automatically pays your council tax and rent making it easier for you to manage your finances.

You can access the rest of your funds through the Town Centre office or through a pre-paid Visa Card which you can control by loading money onto it.

For full terms and conditions about the prize draw log onto www.oldham.gov.uk/ocu or call **0161 678 7245**.



**Put yourself
in the frame**

foster

Carers receive training and support, plus payments and allowances up to £450 per week (dependent on skills and experience).



Call 0161 770 6600 or visit www.oldham.gov.uk/fostering to find out more.

Go! Oldham

Go! Autumn

Go! Oldham is a great online guide with fun stuff to do in Oldham for children and families.

From DJing to dancing the Go! Oldham website has details of hundreds of activities and events across the borough.

Visit www.gooldham.com to find lots of activities and events near you. Follow us on Twitter at [@GoOldham](https://twitter.com/GoOldham) or like our Facebook page at www.facebook.com/go.oldham

We would like to hear from you with any comments you may have about this edition.

You can get in touch with us at marketing@oldham.gov.uk or write to

**Oldham Council, Room 315,
Civic Centre, Oldham OL1 1UT.**

All details correct at time of going to print.

